

EDUCATIONAL Gymnastics



At Waverley Gymnastics Centre, educational gymnastics is learning gymnastics skills in a fun environment for school aged children.



Some experts say that the greatest benefits of gymnastics training for children are physical: the amazing power, the unparalleled balance, and injury preventing agility and grace. Other experts say that the benefits are to the mind: the perseverance, the poise, the confidence, the attention to detail, the concentration. Which is right? Our experts know. The answer is, without a doubt, both.

☺ Educational gymnastics at Waverley is for boys and girls aged 5 - 12 years and run from Mondays through to Saturdays. There are three campuses available; **Mt Waverley campus** (Mon - Sat), **Wesley College, Glen Waverley Campus** (Mon, Tues, Sat) & **Lauriston Girls School, Armadale Campus** (Tues, Fri, Sat). *Children aged 5 - 7 years of age normally attend 1 hour sessions, and children aged 8 - 12 normally attend 1.5 or 2 hour sessions.*

Class times for 2009:

Monday

Waverley campus

4:00 - 5:00pm (girls)
5:00 - 6:30pm (girls)
6:30 - 8:30pm (girls)

Wesley campus

3:45 - 4:45pm (girls)
4:00 - 5:00pm (mixed)
5:00 - 6:00pm (girls)
4:45 - 6:15pm (mixed)
4:45 - 6:15pm (girls)
6:15 - 7:45pm (girls)

Tuesday

Waverley Campus

4:00 - 5:00pm (girls)
5:00 - 6:00pm (girls)
6:00 - 8:00pm (girls)

Lauriston Campus

3:45 - 4:45pm (girls)
4:45 - 5:45pm (girls)
5:45 - 7:15pm (girls)

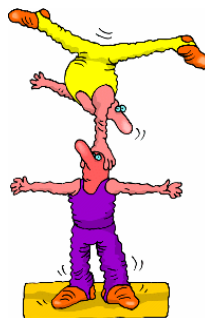
Wesley Campus

3:45 - 4:45pm (mixed)
3:45 - 4:45pm (girls)
4:00 - 5:00pm (girls)
4:45 - 5:45pm (mixed)
5:00 - 6:00pm (girls)
5:45 - 7:15pm (girls)

Wednesday

Waverley Campus

4:00 - 5:00pm (mixed)
4:00 - 5:00pm (girls)
5:00 - 6:30pm (girls)
5:30 - 7:00pm (girls)
6:30 - 8:30pm (girls)



Thursday

Waverley Campus

4:00 - 5:00pm (girls)
5:00 - 6:30pm (girls)
6:30 - 8:30pm (girls)



Friday

Waverley Campus

4:00 - 5:30pm (mixed)
4:00 - 5:30pm (girls)
5:30 - 6:30pm (mixed)
5:30 - 7:30pm (girls)
6:30 - 8:30pm (mixed)

Lauriston Campus

3:30 - 4:30pm (girls)
4:30 - 5:30pm (girls)
4:30 - 6pm (girls)
5:30 - 7:30pm (girls)
6 - 7:30pm (mixed)

Saturday

Waverley Campus

1:30 - 2:30pm (girls)
2:30 - 4:30pm (girls)
Lauriston Campus
9:00 - 10:00am (girls)
10:00 - 11:00am (girls)
11:00 - 1:00pm (girls)

Wesley Campus

9:00 - 10:30am (mixed)
9:00 - 10:30am (girls)
10:30 - 11:30am (girls)
11:30 - 12:30pm (girls)



Addresses:

Waverley Campus : 7 Dorrington Drive, Mount Waverley (Melways 70 G1)

Wesley College Glen Waverley: 620 High Street Road, Glen Waverley (Melways 62 A12). Enter via Edith St, Gate 4.

Lauriston Girls School Armadale: 52 Huntingtower Road, Armadale (Melways 59 B6). Enter via Mercer Rd.



For information on class availabilities call the office on 9887-9611, email admin@wagc.com.au or visit our website at www.wagc.com.au

