

2010 EDUCATIONAL Gymnastics

At Waverley Gymnastics Centre, educational gymnastics is all about learning gymnastics skills in a fun environment for school aged children.

Some experts say that the greatest benefits of gymnastics training for children are physical: the amazing power, the unparalleled balance, and injury preventing agility and grace. Other experts say that the benefits are to the mind: the perseverance, the poise, the confidence, the attention to detail, the concentration. Which is right? Our experts know. The answer is, without a doubt, both.

Class times are set according to ages then all the groups running concurrently are graded into levels according to abilities.



Tuesday

3:45 - 4:45pm (girls - born in 2004/2005)
3:45 - 4:45pm (girls - born in 2002/2003)
3:45 - 4:45pm (girls - born in 2001/2002)
4:45 - 5:45pm (girls - born in 2000/2001)
4:45 - 5:45pm (girls - born in 2002)
5:45 - 7:15pm (girls - born in 2000/2001)
5:45 - 7:15pm (girls - born 1999 to 1994)

Friday

3:45 - 4:45pm (girls - born in 2003/2004)
3:45 - 4:45pm (girls - born in 2001/2002)
3:45 - 4:45pm (girls - born in 2001)
4:45 - 5:45pm (girls - born in 2002)
4:45 - 5:45pm (girls - born in 2002/2003)
4:45 - 5:45pm (girls - born in 2000/2001)
5:45 - 7:45pm (boys & girls - born in 2001/2002)
5:45 - 7:45pm (girls - born 1999)
5:45 - 7:45pm (girls - born in 1998 to 1996)

Saturday

9-10am (girls - born in 2003/2004)
9-10am (girls - born in 2000/2001)
9-10am (girls - born in 2002/2003)
10 - 11am (girls - born in 2003)
10 - 11am (girls - born in 2001)
11 - 1pm (girls - born in 2001/2002)
11 - 1pm (girls - born in 1999/2000)



Armadale Campus class times for 2010:

52 Huntingtower Road, Armadale

Children born in the years 2003-2005 usually attend 1 hour sessions, children born in the years 2003-2001 usually attend 1 or 1.5 hour sessions and children born in the years 2001 and older usually attend 1.5 or 2 hour sessions.

© Educational gymnastics at Waverley is for boys and girls aged 5 - 14 years and run from Mondays through to Saturdays. There are three campuses available: **Mt Waverley campus** 7 Dorrington Drive, Mount Waverley (Melways 70 G1), **Wesley College, Glen Waverley Campus** 602 High Street Road, Glen Waverley (Melways 62 A12) & **Lauriston Girls School, Armadale Campus** 52 Huntingtower Road, Armadale (Melways 59 B6).



For information on class availabilities call the office on 9887-9611, email admin@wagc.com.au or visit our website at www.wagc.com.au

